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## Visual Arts

What your child will be learning in 1st grade:

- Create drawings that explore line qualities, geometric and free - form shapes, express visual movement and/or visual texture
- Create paintings that mix colors and explore other various paint media and tools
- Create sculptures using paper, fibers and other various materials
- Create clay pinch forms using additive and subtractive techniques
- Create prints using simple printmaking techniques
- Create artworks using mixed media and/or fiber techniques
- Produce a work of art through digital media
- View and respond to a variety of artworks
- Experiment with various media to express ideas
- Create artwork based on ideas from imagination, real life, self and community
- Recognize that art is all around me
- Identify connections between visual art and other content areas

Looking for more information?

- Visit: <http://pcsb.org/page/24241>

## Music

What your child will be learning in 1st grade:

- Classify music as pitched or unpitched
- Play loud/soft, fast/slow and high/low, on classroom instruments in response to the music
- Identify the similarities and differences between two performances of a familiar song
- Sing simple songs, in a group and alone, using age-appropriate vocal tone
- Sing and play songs, which may include changes in verses or repeats, from memory
- Read rhythmic patterns using basic standard notation
- Read melodic patterns using solfège syllables Mi, So, and La
- Improvise a four-beat response to a musical question
- Show visual representation of solfège syllables Mi, So, and La using traditional and non-traditional notation
- Use visual representations (hand signs) of solfège syllables Mi, So, and La, to show what I hear.
- Perform a steady beat to various tempos
- Respond to changes in tempo and dynamics through movement
- Perform songs, dances, and musical games from a variety of cultures
- Create sounds or movement that bring a poem or story to life

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## Physical Education

What your child will be learning in 1st grade:

Elementary Physical Education focuses primarily on fundamental motor skills with skill acquisition. The fundamental motor skills for Elementary School form the building blocks for game play, physical activity and fitness activities that follow in later years.

### Grade Level Requirements:

Elementary: Section 1003.455, F.S., requires 150 minutes of physical education each week for students in grades K-5. A minimum of 30 consecutive minutes is required on any day that physical education instruction is provided.

### Physical Education Standards

- Performs locomotor skills: hops, gallops, jogs and slides using a mature pattern.
- Performs jumping and landing actions using a two-foot take-off and landing
- Maintains balance with different body shapes.
- Throws underhand with opposite foot forward with a mature pattern.
- Catches a soft object from a self-toss before it bounces.
- Catches various sized balls tossed by a skilled thrower.
- Dribbles a ball continuously in self-space using the preferred hand.
- Taps the ball using the inside of the foot, while walking in general space.
- Approaches a stationary ball and kicks it forward using a mature pattern.
- Volleys an object with an open palm, sending it upward.
- Strikes a ball with a short-handled implement (i.e. a racket) in an upward motion.
- Jumps forward or consecutively backward with a self-turned rope; Jumps a long rope with teacher-assisted turning at least 5 times.
- Discusses the benefits of being active and exercising and playing.
- Identifies the heart as a muscle that grows stronger with exercise, play and physical activity.
- Differentiates between healthy and unhealthy foods.
- Describes positive feelings that result from participating in physical activities.

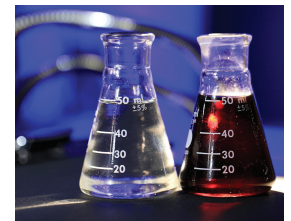
### Helping your Child at Home:

- Parents and caregivers can set a great example for the whole family by creating a healthy environment at home.
- Strive for 60 minutes per day of physical activity
- Set family fitness goal; be active regularly and invite your child to be active with you; make exercise a family habit.
- Exchange "screen time" for active time
- Encourage Healthy Eating Habits

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## Pinellas County Schools

### Elementary Parent's Guide to Florida Standards Success First Grade



**Vision: 100% Student Success**

*ESOL services are provided at each district's school by ESOL Endorsed teachers.*

# First Grade Elementary Parents' Guide to Student Success

This guide is based on the Florida State Standards. If your child meets the expectations as outlined in this guide, he/she will be well prepared for success in second grade.

## Language Arts (ELA)

**What your child will be learning in 1st grade:**

In grade one, your child will build important reading, writing, speaking, and listening skills. Students will continue to learn the letters and sounds that make up words. They will think, talk, and write about what they read in stories, articles, and other sources of information. In their writing, students will work on producing complete sentences on a range of topics using a growing vocabulary. Activities in these areas will include:

- Reading stories and showing they understand the lesson or message of the story
- Asking and answering questions about a story, including characters, settings, and major events
- Comparing and contrasting the experiences of different characters
- Identifying the reasons an author gives to support a point
- Explaining differences between texts that tell stories and texts that provide information
- Learning and using new words
- Participating in class discussions by listening, responding to what others are saying, and asking questions
- Describing people, places, things, and events, expressing feelings and ideas clearly
- Learning basic rules of spoken and written English as well as printing all upper and lowercase letters.
- Working with others to gather facts and information on a topic
- Writing to describe an event, provide information on a topic, or share an opinion

**Helping your child at home:**

- Provide time and space for your child to read independently.
- Ask your child what topics, events, or activities he or she likes. Then look for books, magazines, or other materials about those topics that would motivate your child to read.
- Be sure your child has a library card.
- Your child should select books they are interested in to develop a passion for reading. Many libraries have book clubs and family activities.
- Have your child write a thank you note or letter to family members or friends.
- Leave notes for your child around the house. Ask your child to leave notes for you. Have your child create a to-do list. Have him/her turn it into a checklist to encourage self-monitoring.
- Tell stories or recount family experiences
- Retell a shared event using temporal words like first, next, then and finally.
- Play games like I Spy that describe people, places or things with relevant details

## Social Studies

**What your child will be learning in 1st grade:**

The goal of Social Studies instruction in first grade is to prepare students to be knowledgeable, informed, and active citizens in their community. In grade one; the focus is on your child's school and local community. Students will be engaged in conversations and learning opportunities that will develop their understanding of basic civic concepts such as rules and laws, rights and responsibilities, and ways that individuals within a community work together.

**Activities in these areas may include:**

- Explaining the purpose of rules and laws in a school or local community
- Explain the rights and responsibilities students have in the school community
- Describing the characteristics of a responsible citizen in the school community
- Explain how decisions can be made or how conflicts might be solved in fair and just ways
- Recognize symbols and individuals that represent American constitutional democracy

## Mathematics

**What your child will be learning in 1st grade:**

- Solving addition and subtraction word problems in situations of adding to, taking from, putting together, taking apart, and comparing (e.g., a taking from situation would be: "Five apples were on the table. I ate some apples. Then there were three apples. How many apples did I eat?")
- Quickly and accurately adding with a sum of 10 or less, and quickly and accurately subtracting from a number 10 or less (e.g.,  $2 + 5$ ,  $7 - 5$ )
- Identify and combine values of money up to \$1
- Understanding what the digits mean in two-digit numbers (place value) and use place value to add and subtract (e.g.,  $38 + 5$ ,  $29 + 20$ ,  $64 + 27$ ,  $80 - 50$ )
- Ordering 3 objects by length, comparing the lengths of two objects by using a third object
- Making composite shapes by joining shapes together, and dividing circles & rectangles into halves or fourths

**Helping your child at home:**

- Create a quiet place and determine a regular time for your child to study every day.
- Sit down with your child at least once a week for 15 - 30 minutes while he or she works on homework. This will keep you informed about what your child is working on, and it will help you be the first to know if your child needs help with specific topics.

**Activities to support learning:**

- Look for "word problems" in real life such as - If you open a new carton of a dozen eggs, and you use four eggs to cook dinner, close the carton and ask your child how many eggs are left?
- Play the "I'm thinking of a number" game. For example, "I'm thinking of a number that makes 11 when added to 8. What's my number?"

**For more information, the full standards are available at:**

<http://www.fldoe.org/pdf/mathfs.pdf>

## Science

**What your child will be learning in 1st grade:**

**Life Science**

- Observations of living things using your senses
- Identify the stem, roots, leaves and flowers of a plant
- Identify the differences between living and nonliving - examples
- Observe how some plants and animals may look like their parents and others do not
- Recognize what are the basic needs of plants and animals (air, water, shelter, space)

**Physical Science**

- How objects move differently, round and round, zigzag, straight line, back and forth
- Pushes and Pulls change the motion of an object
- Sorting objects by shape, color, size, temperature, heavy or light, sink or float

**Earth Science**

- Stars- Can you count the stars in the sky?
- Using hand lens, microscope, telescope - tools that magnify
- Beneficial and harmful properties of the sun (Vitamin D, sunscreen)
- Water, rocks soil and living things are found on the surface of the Earth
- Water Safety
- Some things happen slowly, some things happen fast (a turtle walking vs. a bird flying, or a bicycle vs. a race car)

## Health

*Pinellas County Schools is committed to supporting the healthy development of students both physically and academically. Through local decision-making for appropriate implementation at each site, all elementary schools will offer physical activity everyday through physical education, recess or both. This can be accomplished in many ways through flexible scheduling models, taking into consideration the varying needs of individual schools.*

**What your child will be learning in 1st grade:**

- Core Concepts - health behaviors, disease prevention, body parts following rules and safety
- Internal and External Influences - warning labels and trusted adults/professionals
- Self Management - reducing risks
- Advocacy - positive promotion, school and community rules
- Accessing Information - family rules, friend behavior, reliable resources and following rules
- Interpersonal Communication - conflict resolution, verbal and non-verbal, active listening and refusal skills
- Decision Making - positive or negative health enhancing choices, healthy options